

# YOU CAN HELP!

*Today*



Your generosity will allow the HHFP to continue serving residents of the Pascack Valley who need emergency food assistance.

Please consider donating. You can send a check or supermarket gift card to:

Helping Hand Food Pantry  
P.O. Box 354  
Hillsdale, NJ 07642

Yes! I want to make a difference!  
I'm enclosing a donation of: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

For volunteering opportunities,  
visit our website. 

## INFORMATION

### Location

The Hillsdale United Methodist Church  
349 Hillsdale Avenue  
Hillsdale, NJ 07642

The Pantry is at the Church's South entrance on the corner of Magnolia Avenue & Washington Avenue

### Hours

Monday 5:30-7:00pm  
First Saturday of the Month 9:00-10:30am

### Email

Thehelpinghandfoodpantry@gmail.com

### Website

www.helpinghandfoodpantry.com

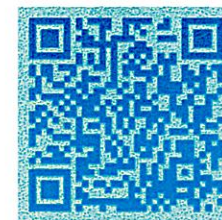


Helping Hand Food Pantry



Helping Hand Food Pantry

## HELPING OUR NEIGHBORS FOR MORE THAN 33 YEARS!



*Scan Me*





## WHO ARE WE?

The **Helping Hand Food Pantry** (HHFP) is a cooperative ministry of the Hillsdale Christian Churches, united in the name of Jesus Christ, and supported by other volunteers in the community, who join their hearts, hands, time, energy and resources to provide food for those in need.

The **Helping Hand Food Pantry** evolved from a need recognized in 1992 by a young Boy Scout, who took the initiative to organize a food drive for his Eagle Project. Seeing the need for continued food distribution, Hillsdale's Public Health Nurse and Westwood's Welfare and Social Service Director managed the operation for the following six years.

In 1998, the Hillsdale Clergy Association united the four Hillsdale churches to establish one ecumenically sponsored food pantry in Hillsdale.

### The Hillsdale Clergy Association:

- Hillsdale United Methodist Church
- Holy Trinity Episcopal Church
- Pascack Bible Church
- St. John the Baptist Roman Catholic Church

"Share your food with the hungry." -Isaiah 58:7

## COMMON QUESTIONS

**Q:** Is the Helping Hand Food Pantry a non-profit organization?

**A:** Yes! The Helping Hand Food Pantry is a free-standing, non-profit charitable organization granted 501(c)(3) (tax exempt) status by the IRS. All donations are tax deductible.

**Q:** What should I do if I want to arrange a food drive, group tour, or volunteer?

**A:** Please visit our website, [www.helpinghandfoodpantry.com](http://www.helpinghandfoodpantry.com) for information on volunteering. It is entirely staffed by dedicated volunteers from our community. All help is much appreciated.

**Q:** How many neighbors do you serve per month?

**A:** The Helping Hand Food Pantry serves approximately 400 neighbors each month.

**You can find our Pantry Location, Hours of Operation, and E-Mail Address on the back of this pamphlet.**

## NEEDED ITEMS

While there are always needs for a variety of food items, the following are always needed:

- Cake and Brownie Mix
- Boxed Potatoes
- Canned Fruit & Vegetables
- Apple Sauce
- Ketchup, Mustard, & Mayonnaise
- Hot Cereal, Pancake Mix, Syrup
- Flour, Sugar, & Oil
- Coffee & Boxed Milk
- Canned Meat
- Meat Sauce
- Jelly & Juice
- Jello & Pudding
- Cookies & Crackers
- Personal Care Items
- Paper Products
- Supermarket Gift Items

**All donations should be unopened and within the manufacturer's recommended "sell by" date.**

